

Symphony Q Academy of Dance

COVID-19 STUDIO GUIDELINES & POLICIES

SQAD guidelines and policies are subject to change without notice. The first week will be a trial week. Changes may have to be made.

- Classes are limited to only 10-12 students at a time.
- Parents and family members will not be allowed into the school except in the case of an emergency.
- Students will be dropped off for their class with their dancewear already on underneath their street clothes, except for their dance shoes.
- Outer clothing and shoes will be placed in spaced out spots 6ft apart on the benches in the waiting room.
- The dressing room will be closed and off-limits.
- There will be only 1 girls bathroom and 1 boys bathroom in use. Please remember to try using the bathroom at home before you go to the studio.
- Only one student at a time will be allowed to use the bathroom.
- Students must wash their hands and/or sanitize upon entering and exiting the studio.
- Students will be allowed into the school only 5 minutes prior to class start time.
 - Students must wait in their cars until the previous class has vacated the building. Once the studio is vacated and cleaned the next class can walk up to the studio doors one at a time, have their temperature with a contact-free thermometer taken and be asked questions about their health before they enter the studio.
- Anyone showing the slightest signs of illness or a temperature greater than or equal to 101F will not be allowed to take class and will be asked to wait at least 72 hours after symptoms have resolved without medication and present a doctor's excuse.
- After class, students will be released one at a time to meet up with their parents waiting in their car.
- Students must be picked up promptly. If a parent is not on time to pick up the student, the student will be asked to wait in the lounge.
- Students and staff will adhere to the six feet physical distance rule.
- 6 feet spaces will be clearly marked along the barres and in the center.
- Instructors and staff will wear facemasks at all times. Students must wear a face masks to enter and exit.
- All partnering and physical contact exercises will be executed individually.
- You may choose to bring a yoga mat for on-the-floor exercises or stretching.
- There will be no hands-on corrections by teachers.
- No food allowed in the building.
- The drinking fountain will not be in use. All students must bring their own clearly labeled water bottle from home.
- No sharing of any clothes, shoes or water allowed.
- There will be no loaner shoes, leotards, tights and hair supplies.
- There will be no gathering or congregating in the waiting room or front entrance of the studio.
- There will be no lost and found.
- We will offer Zoom classes for those students who do not feel ready to be back in the classroom.
- All parents and adult students will need to sign a mandatory participation waiver before their registration will be processed.

I, _____, have read and agreed to these
(Print name here)

COVID guidelines pertaining to the parent and child, ensuring the safety of the SQAD's studio environment. If neither parent or student adhere to these guidelines disciplinary actions will take place.

- **1st offense-** *oral warning*
- **2nd offense-** *written warning*
- **3rd offense-** *dismissal without refund.*

Parent/Guardian Signature

Date